

Proven & Promising Strategies to Improve Pedestrian Safety

Rebecca L. Sanders, PhD, RSP_{2B}

Texas Pedestrian Safety Forum, June 17, 2025

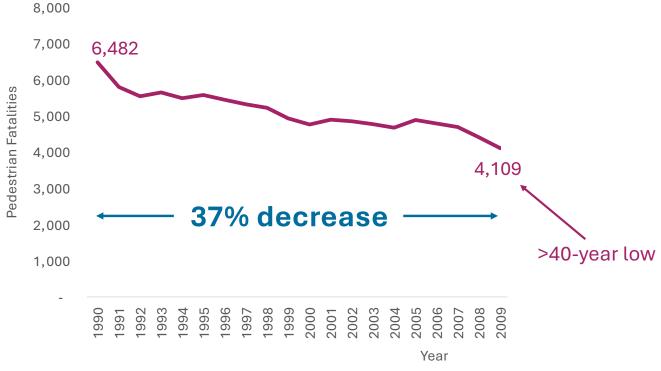
Overview

- National Trends & Background
- Recent Research Findings
 - NCHRP 17-97
- Proven and Promising Strategies and Tools
 - Safe Roadway Design
 - Beyond Roadway Design
- Inspiring Examples



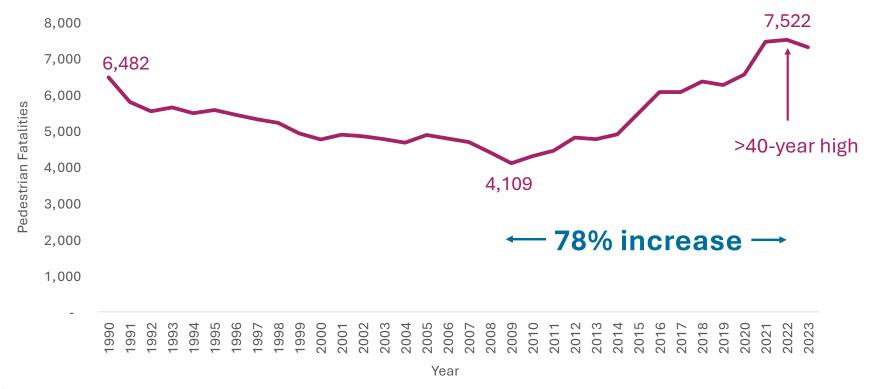
Photo credit: Safe Streets Research & Consulting

U.S. Pedestrian Fatalities, 1990-2009



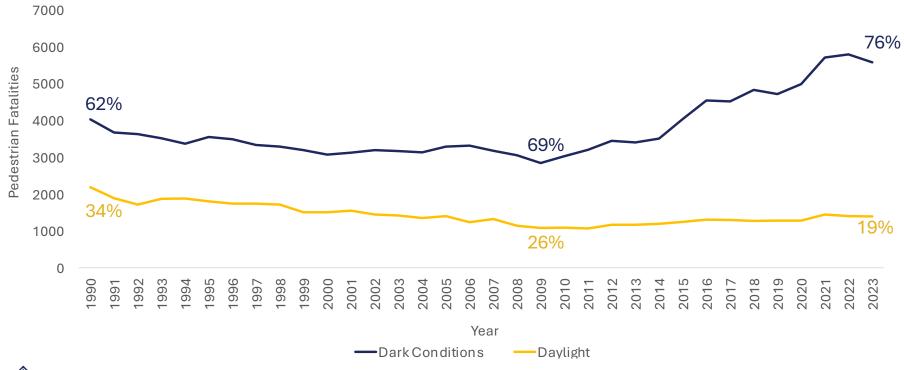


U.S. Pedestrian Fatalities, 1990-2023



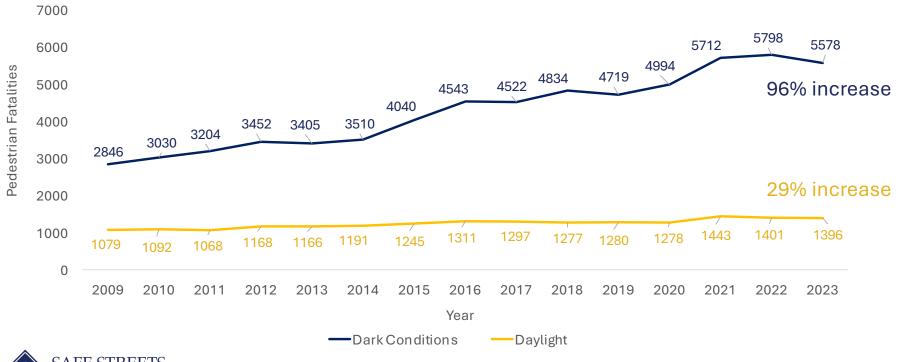


U.S. Pedestrian Fatalities in Daylight and Dark Conditions, 1990-2023



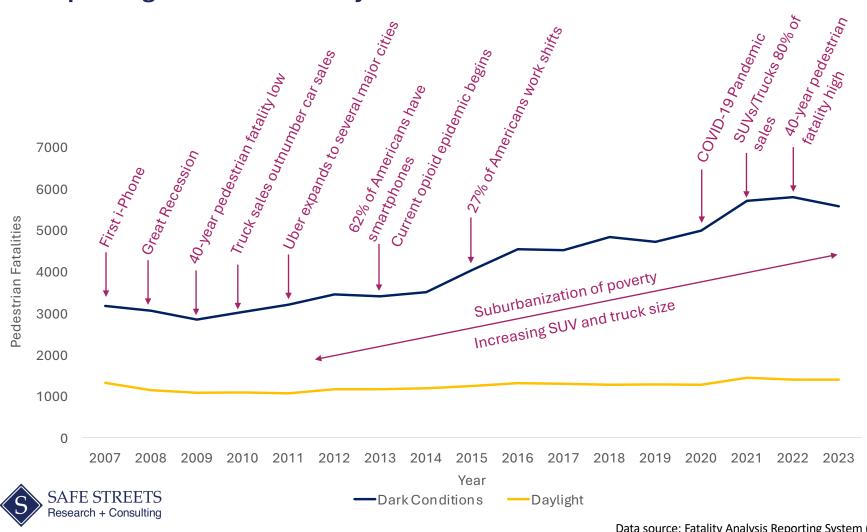


U.S. Pedestrian Fatalities in Daylight and Dark Conditions, 2009-2023





Factors Impacting Pedestrian Safety Over Time



Recent Research Findings

NCHRP 17-97 Strategies to Improve Pedestrian Safety at Night



Photo credit: Bob Schneider









Project Overview

Phase I Investigation

- Comprehensive Literature Review (150+ sources)
- State-of-the-Practice Survey

Phase II Research

- Macro-level National Fatality Trend Analysis
- Micro-level Case Control Analysis
- Driving Simulator Study
- Pedestrian and Driver Focus Groups
- Practitioner Interviews



We have known about this problem for a long time and see it in many kinds of data

National Highway Safety Board (1971)

"Illumination—or perceptibility of each other by driver and pedestrian—appears to be clearly involved..." in pedestrian fatalities.

"In the cities studied, over half the fatalities occurred in the 8-hour period from 4 p.m. to midnight. This is the period of homebound traffic, of social activities, and, especially in the fall and winter months, of fewer daylight hours."



US Fatal Pedestrian Crashes by Month by Hour of Day, 1998-2007

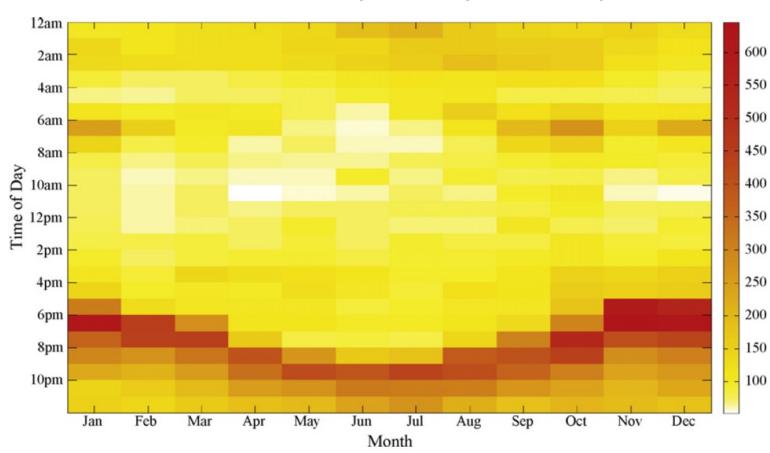


Fig. 1. Pedestrian fatal collisions by month and time of day.

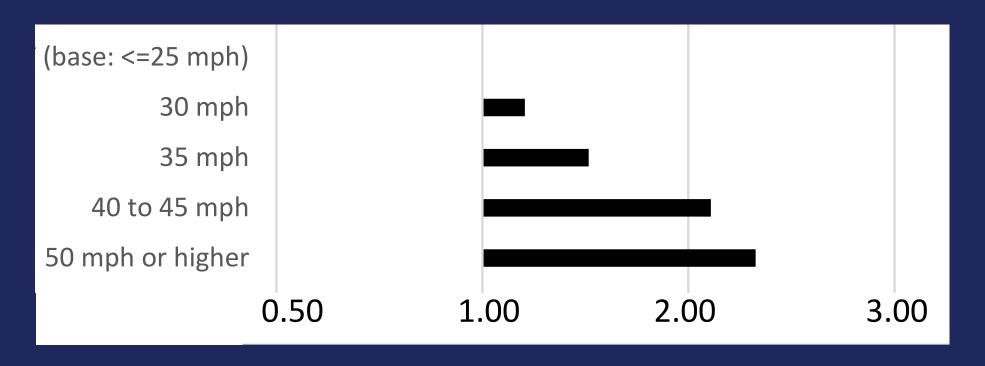
Source: Griswold, J., Fishbain, B., Washington, S. and Ragland, D.R. (2011). Visual assessment of pedestrian crashes. Accident Analysis & Prevention, 43(1), pp.301-306.

Our project data underscore the problem

Crash Analysis

01

Odds of Fatality occurring in Darkness: Speed Limit



Source: Fatality Analysis Reporting System: 2010-20, Binomial logistic regression analysis

Summary of preliminary findings from NCHRP 17-97: Strategies to Improve Pedestrian Safety at Night

National Crash Analysis Key Findings

Pedestrian fatalities in darkness associated with:

- Higher speed limits
- Driver going straight
- Multilane roadways
- Pedestrian being struck in roadway, no crosswalk, no sidewalk
- Rainy & snowy weather

In the dark and above certain speeds, drivers cannot see and react to pedestrians in the roadway in time to avoid hitting them.

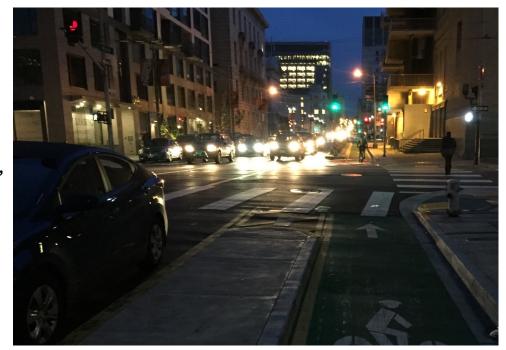


Photo credit: Bob Schneider



City-level Case Control Analysis

 Aimed to identify variables significantly associated with the likelihood of a fatal or serious pedestrian injury in darkness within higher-risk environments.

- City-level
 - Charlotte, NC
 - Detroit, MI
 - Houston, TX
 - Los Angeles, CA
 - Portland, OR
 - San Diego, CA



Image credit: WikiMedia Commons



Findings: Design + Demographics

- Max number of through lanes in one direction (+)
- EPA SLD multimodal network density variable (-)
- Higher percentages of Black or Hispanic/Latino residents (+)



Photo Credit: www.pedbikeimages.org / Charles Hamlett

Findings: Pedestrian Attractors

- Convenience stores, grocery stores, liquor stores, and general low-density commercial design (+)
- National Walkability Index score (+)
- Low-density residential areas (-)



Photo credit: NCHRP 17-97/Toole Design

Driving Simulator Study

02

Study Experiment











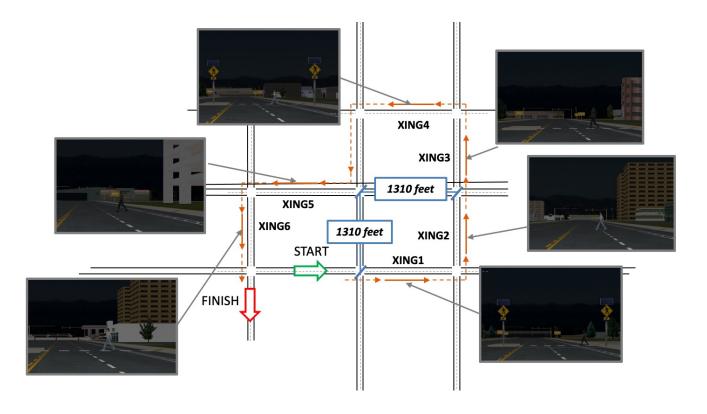
Dr. David Hurwitz

Dr. Hisham Jashami, RSP₁

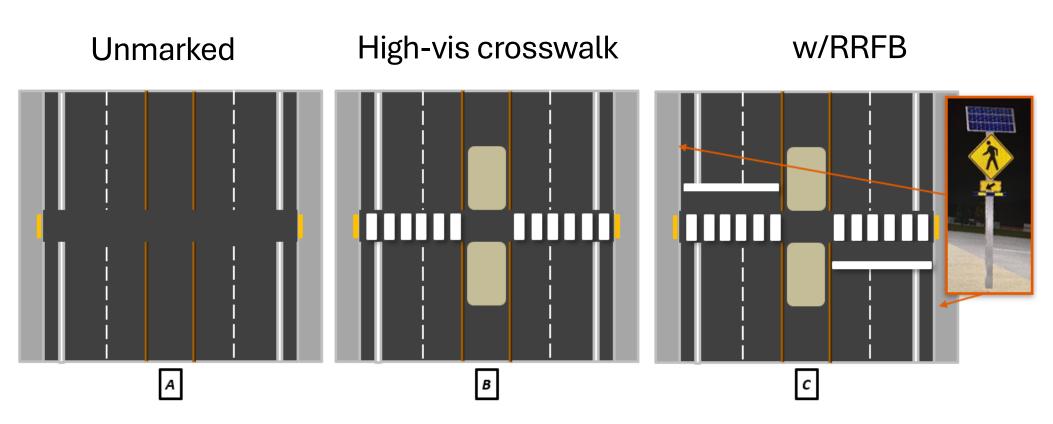
Kezia Suwandhaputra, MSCE

Oregon State University

Experimental Design

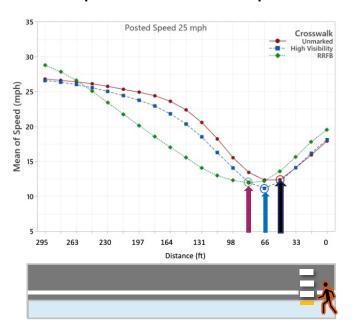


Pedestrian Crossing Types Tested

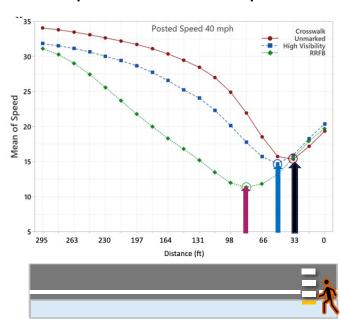


Simulator Findings: Speed Limit

Speed Limit: 25 mph



Speed Limit: 40 mph



Summary of Research Findings

03

Higher Roadway Speeds Create Pedestrian Risk

- driver detection and reaction time
- stopping distance
- kinetic energy transfer



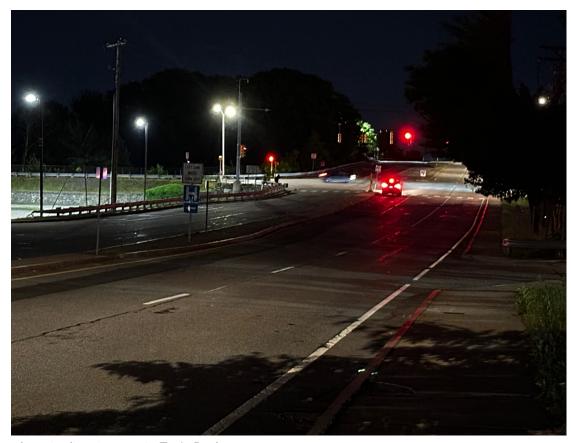


Photo Credit: NCHRP 17-97/Toole Design

Darkness is a Critical Risk Factor for Pedestrian Safety

- Drivers underestimate darkness impairment
- Reduced detection-reaction time
- Higher driver stress near pedestrians
- Pedestrians feel less safe

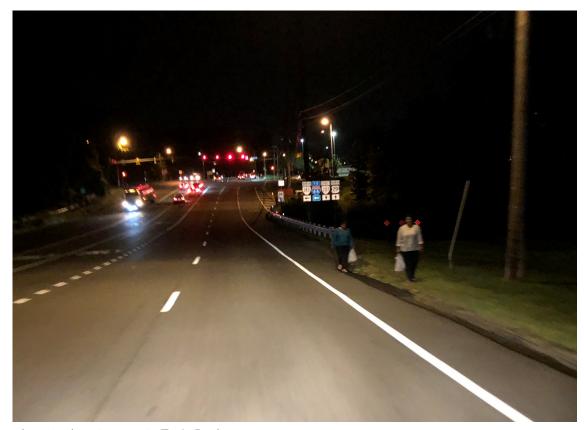




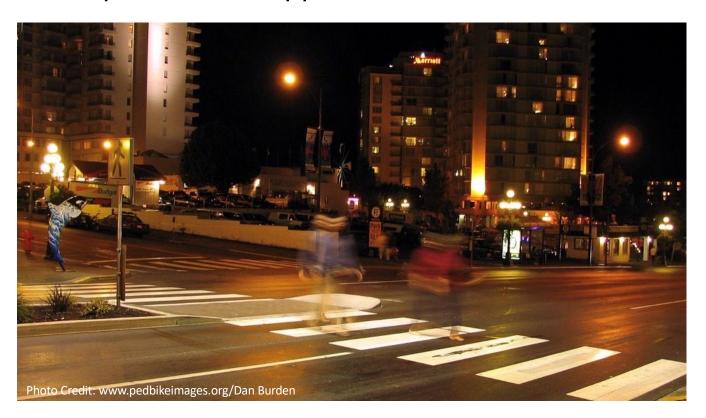
Photo Credit: NCHRP 17-97/Toole Design

Countermeasures are an Important Part of the Solution



Context is Critical to Reducing Pedestrian Crash Risk

- Attractors significantly associated with fatal and serious injuries
- Drivers react to pedestrian-supportive environments



Nighttime Behaviors Increase the Likelihood of a Crash

- Speed
- Impairment
- Distraction



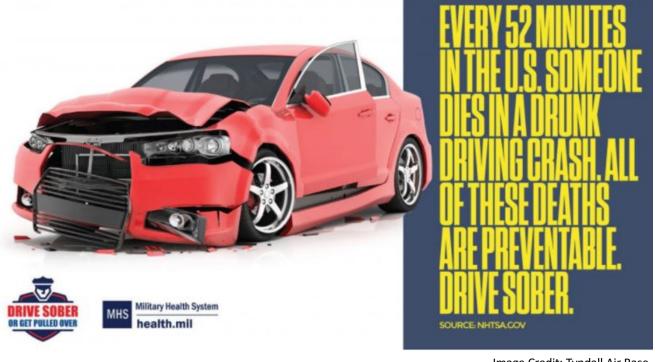


Image Credit: Tyndall Air Base

Image Credit: NCHRP 17-97

Traffic Safety is an Equity Issue

- Clear disparities in the data
- Drivers take longer to recognize darker skin
- Women, particularly women of color, more concerned about safety than men

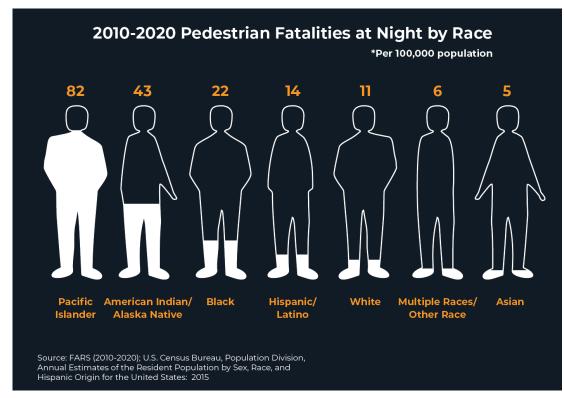
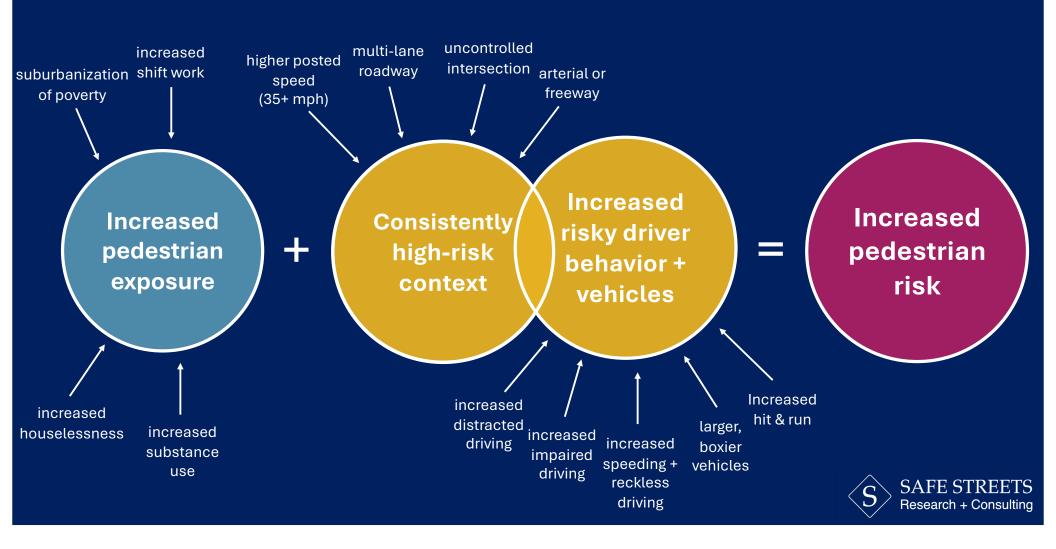




Image Credit: NCHRP 17-97

Factors Associated with Increased Pedestrian Fatality Risk in Darkness



We can do something about this problem

Guidance

Safe System Approach

- 1. Death/Serious Injury is Unacceptable
- 2. Humans Make Mistakes
- 3. Humans are Vulnerable
- 4. Safety is Proactive
- 5. Redundancy is Crucial
- 6. Responsibility is Shared





Image Credit: FHWA

Safe System Pyramid for Pedestrian Safety at Night





Image Credit: NCHRP 17-97

Adapted from: Ederer, D.J., Panik, R.T., Botchwey, N., & Watkins, K. 2023. The Safe Systems Pyra mid: A new framework for traffic safety, *Transportation Research Interdisciplinary Perspectives*, 21, 100905.

FHWA's Elements of Risk

Exposure

- The presence or potential presence of someone to be involved in a crash, and the length of time they are exposed,
- Separate pedestrians from drivers in time and space
- Shorten crossing distances

- Likelihood
 - Elements that impact the probability of crash occurrence, and
- Increase pedestrian visibility and the potential for driver detection
- Slow driver speed to allow for detection

- Severity
 - Factors that impact the potential for a severe outcome

 Manage driver speed to reduce kinetic energy transfer

Source: FHWA Safe System Approach to Speed Management

Safe Roadway Design + Safe Speed

04

To improve safety for all roadway users, transportation professionals must design for the most vulnerable in the most challenging of scenarios - walking at night.

Improving safety at night also benefits the daytime



Photo Credit: Bob Schneider

Nighttime Countermeasures



Reduce the potential for a severe outcome through managing vehicle speeds



Decrease the likelihood of a crash through increasing driver awareness of pedestrians (enhancing visibility)

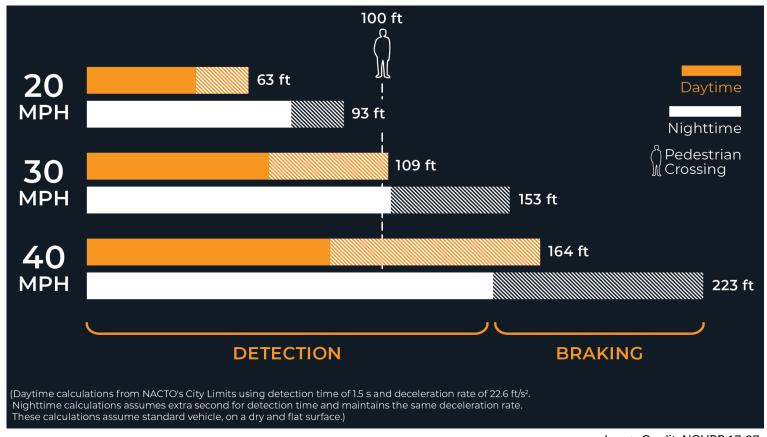


Reduce pedestrian exposure (i.e., the time pedestrians spend in the roadway)



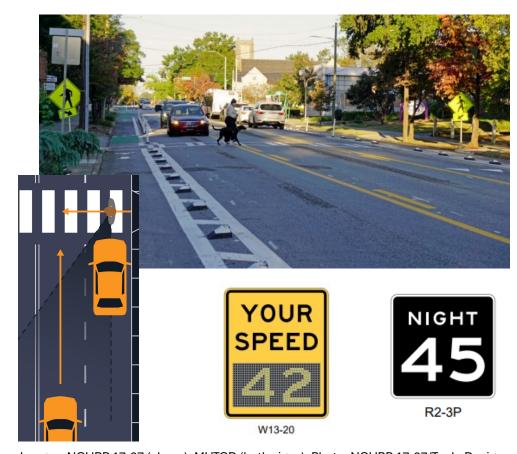
Image Credits: NCHRP 17-97

Manage Vehicular Speeds



Manage Vehicular Speeds

- Nighttime Countermeasures
 - Roadway reallocations
 - Speed feedback signs
 - Automatic speed enforcement
 - Lower speed limits
 - Other traffic calming countermeasures





Images: NCHRP 17-97 (above), MUTCD (both signs); Photo: NCHRP 17-97/Toole Design

Enhance Visibility

- Roadways must clearly communicate to drivers the potential risk of a person walking or crossing the road
- Nighttime Countermeasures
 - Lighting
 - Marked crosswalks
 - Traffic control devices
 - Traffic signals
 - Pedestrian hybrid beacons
 - · Rectangular rapid flashing beacons



Photo Credit: NCHRP 17-97/Toole Design



Marked Crosswalks

- Install high-visibility crosswalks at appropriate spacing depending on context and land use (see NCHRP 1036).
 - In urban core, the maximum crosswalk spacing is 300 feet (or one block).
 - In other urban contexts, the maximum crosswalk spacing is 500 feet (or two blocks).
 - In suburban context, the maximum crosswalk spacing is 1,000 feet (or 3-4 blocks).





Image Credit: NCHRP 17-97

Traffic Control Devices

- Traffic signals
- Pedestrian Hybrid Beacons (PHBs)
- Rectangular Rapid Flashing Beacons (RRFBs)

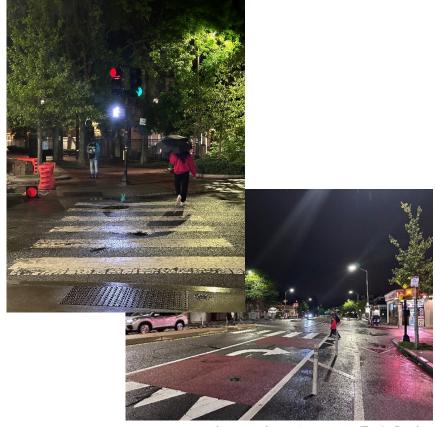




Photo Credits: NCHRP 17-97/Toole Design

Pedestrian Hybrid Beacons (PHBs)

- MUTCD (2023) suggests installing a PHB on any roadway when a minimum of 20 pedestrians per hour have been observed to cross
- Our research recommends using new criteria which removes the minimum pedestrian volume and defers to professional judgement about need





Photo Credit: Safe Streets Research & Consulting

Improve Roadway Lighting



Photo Credit: NCHRP 17-97/Toole Design

Implement Corridor-wide Lighting

- Within a commercial district with nighttime activity and destinations.
- Where there are high volumes of pedestrian activity during darkness.
- Within ½ mile of a transportation center.
- Within ¼ mile of a major transit stop or station.
- Within ½ mile of an institution or educational facility with nighttime pedestrian trips.

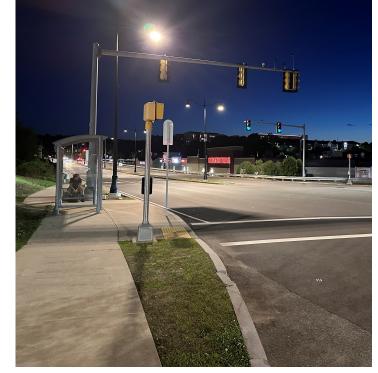
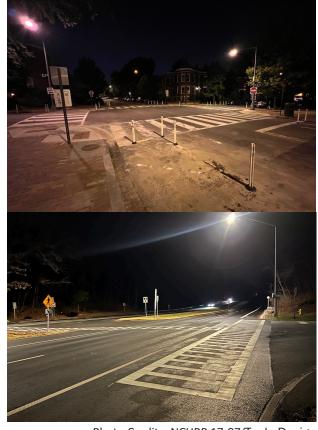


Photo Credit: NCHRP 17-97/Toole Design



Design Considerations for Spot Lighting

- Illuminate locations with known pedestrian safety and/or security issues (e.g., underpasses).
- Ensure that street features do not block the light from reaching the roadway/pedestrian facilities.

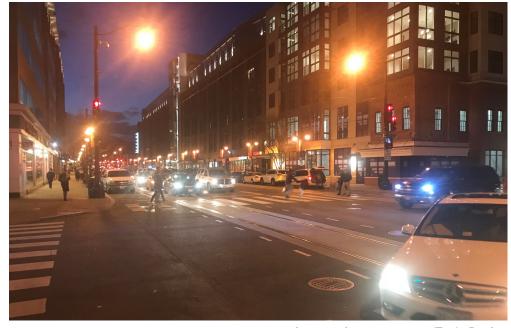






Design Considerations for Spot Lighting

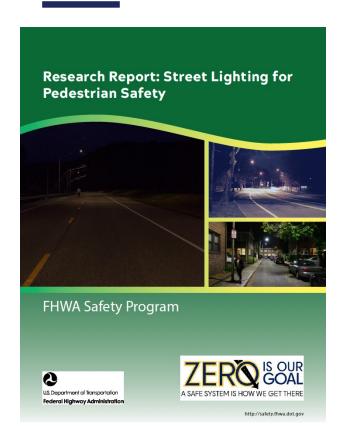
- Illuminate key aspects of the roadway such as user conflict areas and complex conditions.
- Install lighting in advance of mid-block crossings and intersections.

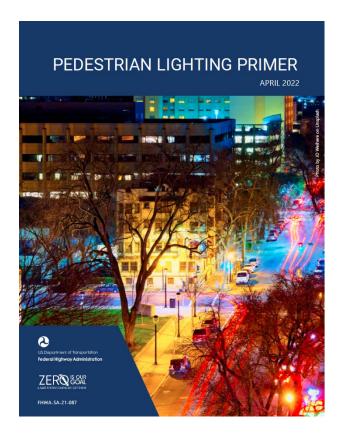


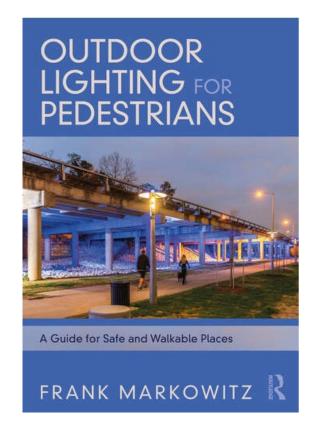




Lighting Resources







Lighting is necessary but not sufficient in high-risk environments.

Reduce Pedestrian Exposure

- Reduce the amount of time the pedestrian spends in the roadway
 - Essential at night when driver visibility is limited due to darkness
 - Essential on higherspeed, multilane roadways



Photo Credit: Safe Streets Research & Consulting



Provide Sidewalks

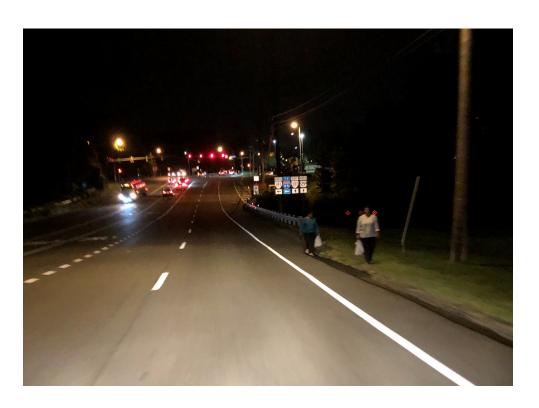






Photo Credits: NCHRP 17-97/Toole Design

Shorten Crossings Using Bulb-outs and Refuges





Putting it Together

- Prioritize corridors where pedestrians have a greater risk at night
- Implement countermeasures that manage speeds, enhance visibility, and reduce exposure
- Consider land use and context
- Consider nighttime pedestrian generators
- Consider high-speed, multilane roads that lack pedestrian infrastructure



Priority Scenarios



Commercial districts, convenience stores, grocery stores, liquor stores



Transit stations/stops



Entertainment districts



High-density residential areas



Higher posted speeds, especially on arterials



Multiple lanes, especially on arterials



Lack sidewalks

Nighttime Countermeasures

	Pedestrian Risk Category		
	Manage		
	Vehicular	Enhance	Reduce Pedestrian
Countermeasure	Speeds	Visibility	Exposure
Road Reallocations	V		*
Speed Feedback Signs	V		
Automatic Speed Enforcement	$\sqrt{}$		
Lower Speed Limits	$\sqrt{}$		
Lighting		V	
High-Visibility Marked Crosswalks		V	
Traffic Signals		$\sqrt{}$	
Pedestrian Hybrid Beacons		$\sqrt{}$	
Rectangular Rapid Flashing Beacons		$\sqrt{}$	
Daylighting/Curb Extensions	*	*	
Crossing Islands	*		√
Sidewalks/Walkways/Shared Use Paths	*	*	$\sqrt{}$

Intersection Countermeasures

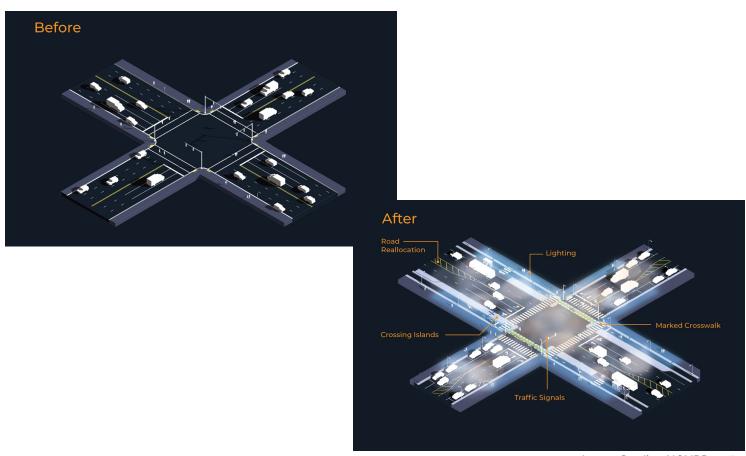


Image Credits: NCHRP 17-97

Mid-block Countermeasures



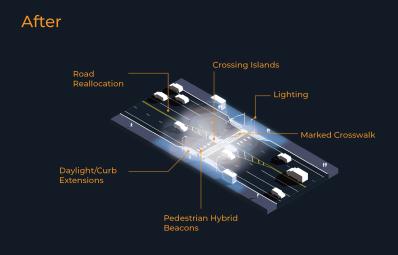


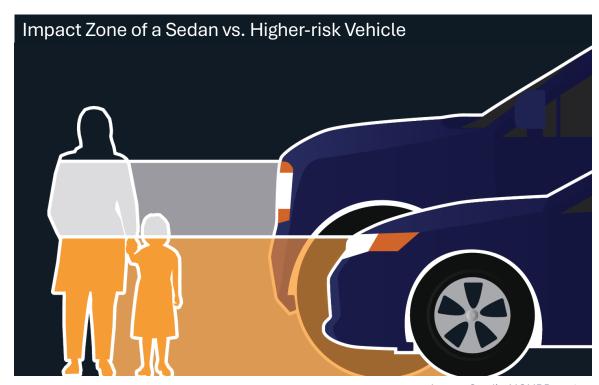
Image Credits: NCHRP 17-97

Beyond Roadway Design

05

Acknowledge Safety Impacts of Larger, Higher-risk Vehicles

- Install additional design and operational countermeasures
- Retrofit roadway design countermeasures
- Develop policies that reflect the higher risk of larger vehicles







Use Countermeasures to Help Address Higher-risk Vehicles

Install countermeasures to help address higher-risk vehicle

designs, including:

- Widened crosswalks
- Recessed stop bars
- · Restricted right turn on red
- Leading pedestrian and bike intervals
- Daylighting areas
- Tightened curb radii
- Centerline hardening
- Truck aprons





Photo Credit: NYC DOT

Pursue Policy Solutions to Encourage Safer Vehicles

- Parking fee structure
- Weight taxes
- Agency fleet changes
- Mandated technology



Photo Credit: NCHRP 17-97/Toole Design

Technological Solutions to Increase Vehicle Safety

TRANSPORTATION

Vehicle Speed-Limiting Technology Gets a Foothold in State Law

A new Virginia law will allow judges to require intelligent speed assistance devices for people with repeat reckless driving offenses. Advocates are pushing for similar policies in other states.

Text credit: governing.com

After deadly Nevada crash, federal investigators want cars to warn drivers if they're speeding

New laws punish bad drivers with tech that forces cars to go the speed limit

The technology aims to prevent vehicles from going over the speed limit. New laws lay out how the devices can be used to punish reckless driving.

New York's Top 10 Super Speeders & the Locations Where They Most Frequently Terrorize New Yorkers

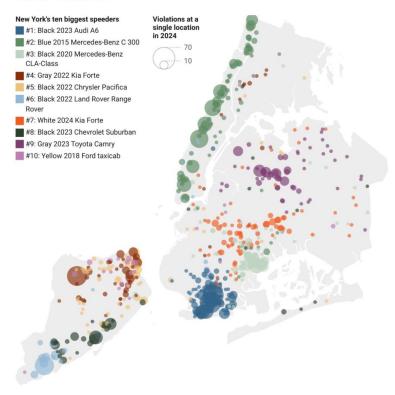


Image credit: Transportation Alternatives; Data Source: NYC Open Data; Created with Datawrapper

Adaptive Headlights and ADAS Features







Top Image Credit: Global Infrastructure Hub, GPS and Sensors to Enable Autonomous Vehicles, https://www.gihub.org/infrastructure-technology-use-cases/case-studies/gps-and-sensors-to-enable-autonomous-vehicles/, 2020.

Left Image Credit: My Car Does What? https://mycardoeswhat.org/safety-features/adaptive-headlights/, 2024.

Post-Crash Care Recommendations



Data Collection, Analysis, & Countermeasure Selection

- Data collection
 - Work toward the latest MMUCC
- Incorporate injury surveillance data
- Create and maintain roadway data layers for systemic analysis
- Data analysis
 - Move from reactive to proactive
 - Focus on severe injury risk
 - Incorporate road safety audits
 - Create feedback loop with countermeasure selection

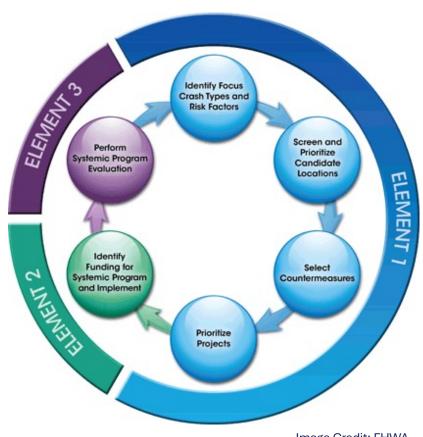


Image Credit: FHWA

Use Data to Tell a Story

- Identify the problem
- Identify potential solutions
- Measure the impact of investments
- Adjust course if necessary
- Tell the story

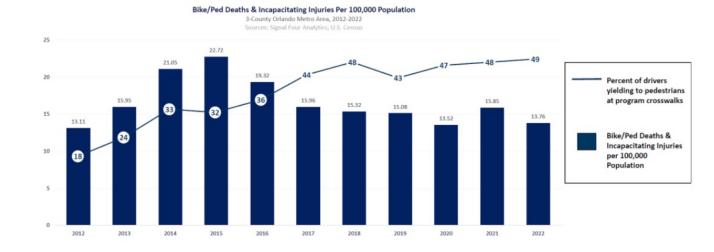




Image Credit: Bike/Walk Central Florida

Fatal Pedestrian Crashes

Mid-Block during Dark Lighting Conditions, 2010-2020 Houston

Fatal Mid-Block Pedestrian Crash Daylight Lighting Condition Dark Lighting Condition



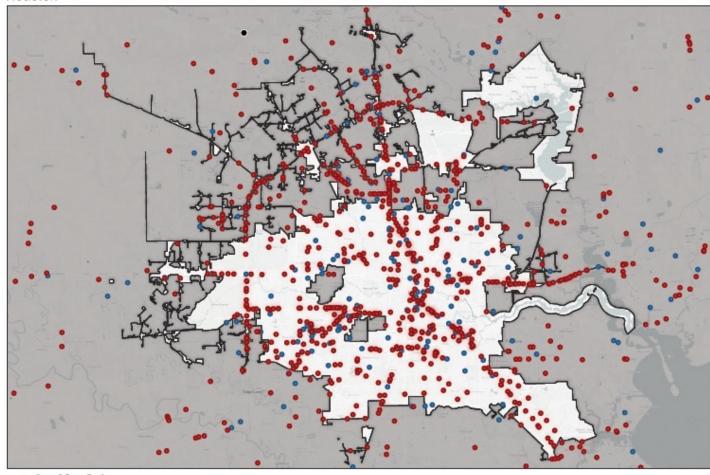




Image Credit: Safe Streets Research & Consulting

Data Source: Fatality Analysis Reporting System; Basemap: © Mapbox, © OpenStreetMap

Collaborate with EMS

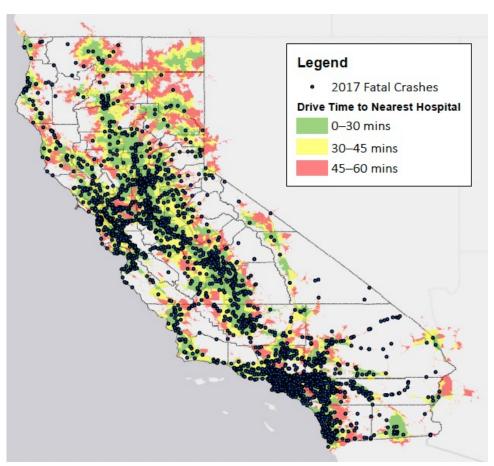


Image Credit: California Strategic Highway Safety Plan

Use Project Evaluation & Strategic Planning

DESIGNING SAFE ROADWAYS FOR EVERYONE



A NEW APPROACH TO ALLOCATING ROADWAY SPACE

Streets make up more than 80 percent of public space in cities and froms. Who gets to use this space aris how they can use it affects a community's mobility, safety, according, and quality of 1%. For many years, streets have open destands to emphasize mobility for viel-des over the needs and safety of other street users. This tool will help you think through how to a forces neadlewy space to reflect your community's true priorities.

NCHRP 1036 Roadway Reallocation Guidance







Looking Forward

06

Change Traffic Safety Culture



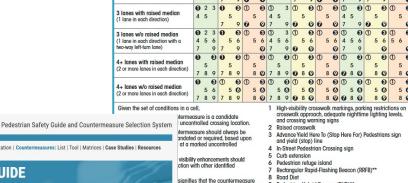


We can make different choices to experience different future outcomes.

Pedestrian & Bicyclist Safety Resources

- 2005 Zegeer Marked Crosswalk Study
- FHWA Safe Transportation for Every Pedestrian (STEP)
- NCHRP 926
- NHTSA "Countermeasures that Work"
- NCHRP Synthesis 535
- FHWA PEDSAFE / BIKESAFE
- Vision Zero Network





Vehicle AADT <9 000

Roadway Configuration

Posted Speed Limit and AADT

Vehicle AADT 9,000-15,000 ≤30 mph | 35 mph | ≥40 mph | ≤30 mph | 35 mph | ≥40 mph | ≤30 mph | 35 mph | ≥40 mph

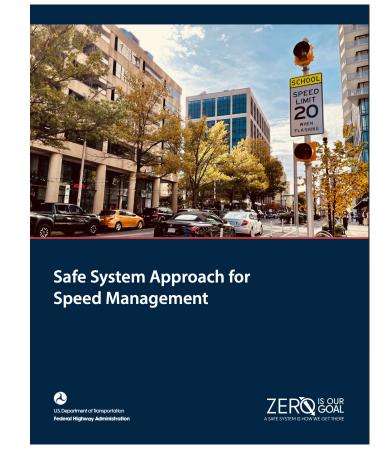
9 Pedestrian Hybrid Beacon (PHB)**

Image Credits: FHWA



Safe System Resources

- Safe System Approach for Speed Management
- Safe System Project-Based Alignment Tool
- Safe System Policy-Based Alignment Tool
- Primer on Safe System Approach for Pedestrians and Bicyclists
- Safe System Roadway Design Hierarchy
- Safe System Based Framework and Analytical Methodology for Assessing Intersections
- Integrating the Safe System Approach with the Highway Safety Improvement Program





Safe System Roadway Design Hierarchy

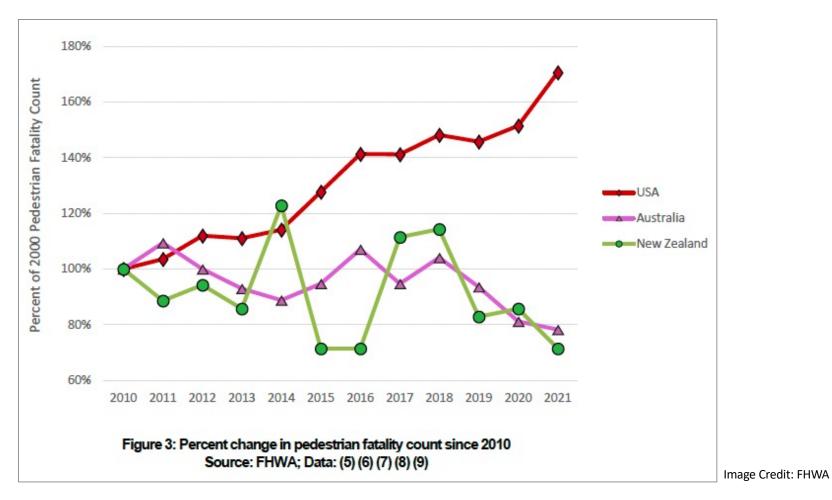




Image Credits: FHWA

Inspiring Urban and Suburban Examples

Insights from Australasia



Insights from Australasia

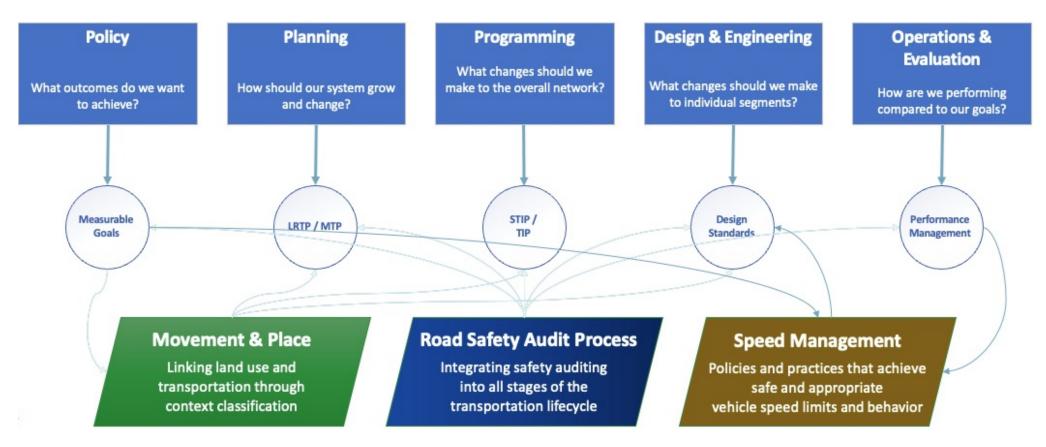


Image Credit: FHWA

Insights from Australasia





Hoboken, New Jersey

Research + Consulting



and Parking

Police

Departmen

towards full implementation of

the Complete Street Design Guide recommendations.

recommendations for priority intersections

gateway streets, and Special Focus streets.

years

Fremont, California



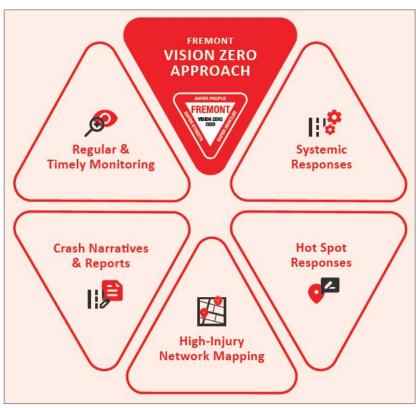




Image Credits: City of Fremont, CA

Fremont, California



Photo Credits: City of Fremont, CA



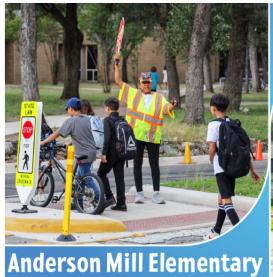


- Speed reduction
- Bicycle protection
- Improved lighting
- Improved crossings





Austin, Texas



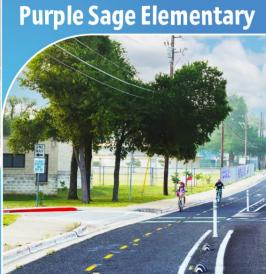
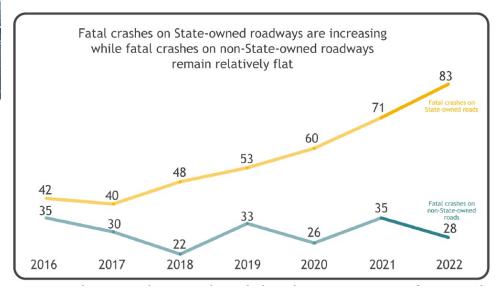


Image Credits: Austin Department of Transportation





Inspiring Rural Example

Improving Pedestrian Safety in Louisiana

- Working through cooperative extension program & land grant universities (TTI!)
- Reduced local cash match for Transportation Alternatives funding
- Encourage people to take advantage of national resources
 - Safe Routes Partnership
 - CDC Division of Nutrition, Physical Activity, and Obesity (DNPAO)
 - National Center for Rural Road Safety
- Rural Safety Summit
 - Elected official
 - Youth in walk audits



Transportation Alternatives Successes 13.1 million for communities under 5,000 16.4 million for communities under 11,000 All communities who attended the 2022 Rural Complete Streets Summit and submitted TAP applications were funded (\$10.3 million)

Image Credit: Louisiana State Ag Center

Questions?

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Many thanks to NCHRP 17-97 Team:

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Sarah Skolaski

Safe Streets Research & Consulting
Brian Almdale
Jessica Schoner

<u>UW-Milwaukee</u> Robert J. Schneider Bryan Walter Natalie Marshall Will Henning Oregon State University David Hurwitz Hisham Jashami Kezia Suwandhaputra

